

## Abstract of the Disclosure

A composition containing: (a) an alkyl and/or alkenyl oligoglycoside; (b) a foam stabilizer selected from the group consisting of a dicarboxylic acid monoester, a dicarboxylic acid monoester salt, and mixtures thereof; and (c) optionally, at least one active ingredient selected from the group consisting of a cosmetic active ingredient, a pharmaceutical active ingredient, and mixtures thereof, and wherein both (a) and (b) have matching alkyl/alkenyl groups.

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